## Pumping Iron

## ACROSS

1 Autumn bloom (named for its star shape)
6 Bust $\qquad$ (howl with laughter)
10 - Fences (in) or finishes a skirt
14 Unifying idea
15 First Bond movie foe
16 On the Aegean
17 - Female fox
18 "__ it! There's a hole in my sock!"
19 Department of Education's data collection entity
20 Fall into ___ (get caught)
22 Black-and-white textile pattern (also called pied-de-poule or "hen's feet")
24 Bulbous, like the "lava" in a lava lamp
26 Sandhurst Acad. (Britain's West Point)
27 Assign stars to
30 Clap of thunder
31 - Feeds the kitty?
33 Singer Sheeran and namesakes
34 Penn. neighbor
35 Gal's counterpart
36 Pills that provide essential minerals
43 Cold weather prefix for "cone" or "cat"
44 Co. for camping gear
45 Place a wager
46 Eucalyptus-munching marsupial
49 Charged particles
50 Bull or ram (but not cow or ewe)
51 CD earning or QB error
52 Chinese principle of harmonious design (a reason to arrange furniture)
55 - Feint, as a boxing move
57 What has bark, but no bite
60 Off-Broadway award
61 Burl who sang "A Holly Jolly Christmas"
63 Movie director Waititi of "Thor: Ragnarok" and "Jojo Rabbit"
65 Hawaii's state bird
66 Dick Tracy's Trueheart or Danny's ex in "Ocean's Eleven"
67 - Feaster on frogs
68 - Feats of Keats
69 Prefix for while (an archaic adverb which once meant "once")
70 Double features of oboes and bassoons

## DOWN

1 Off-road ride, briefly

The answer to the meta is a health-related term.


2 Iran's branch of Islam (or actor LaBeouf)
3 Write with your thumbs?
4 Come out, as from a cocoon
5 Kidney-related
6 Recipe instruction
7 Improvement over time
8 Lay out, as a sleeping bag
9 Kingdom in the South Pacific, near Fiji
10 "Lol. Not gonna happen..."
11 Prom partner or police protection
12 What to do "in St. Louis"
13 Ice skater Cohen and actress Pieterse of "Pretty Little Liars", for two
21 Performing pair, as Hall \& Oates or Beyoncé \& Jay-Z
23 Cro song meaning "dream" in German (one letter short of emotional shock)
25 When doubled, the sound of The Road Runner
27 Whistle blower, often
28 "Without further ." ("Let's move on with this event")
29 General on a Chinese takeout menu

32 Bill the "Science Guy"
35 Entertainer in a 46D
37 Option from an ISP
38 Major mess-up (from a military acronym)
39 Camera part
40 Hoops group
41 ___ Aviv, Israel
42 French holy woman (abbr.)
46 National garb of Japan
47 Where to find a duvet
48 When some offices open
49 "__Loved a Man (The Way I Love You)" by Aretha Franklin
50 Desert illusion
53 Paperless party announcement
54 Speak; put into words (sounds like part of a cow)
56 Triple wide shoe sizes
58 Ireland, as the Irish say it
59 $\qquad$ out a living (scraped by)
62 Former Mach 2 flier, briefly
64 @@@

